



February 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Sit & Fit 1:15PM	2	3 Super Bowl Tailgate Party! 9:30—4pm All Day Long	4
5	6 Sit & Fit 1:15PM	7 Shopping Shuttle 9AM Bus to Alexander's 11:15am	8 Sit & Fit 1:15PM	9	10	11
12	13 Sit & Fit 1:15PM	14 Shopping Shuttle 9AM Valentine's Day Chocolate Bar 2-4 PM	15 Sit & Fit 1:15PM	16	17	18 Electronic collection @ York Township Municipal Complex
19	20 Sit & Fit 1:15PM	21 Shopping Shuttle 9AM Fat Tuesday Coffee 10 AM	22 Sit & Fit 1:15PM	23	24	25
26	27 Sit & Fit 1:15PM	28 Shopping Shuttle 9AM Hunt Valley Mall 10:30 AM	29 Sit & Fit 1:15PM			

Christina Caruso is a certified nursing assistant with experience in senior care and is available to help with errands, pet sitting, cleaning and much more. She is a resident at Powder Mill and has all background checks. Please call her if she can assist you!

717-420-6818